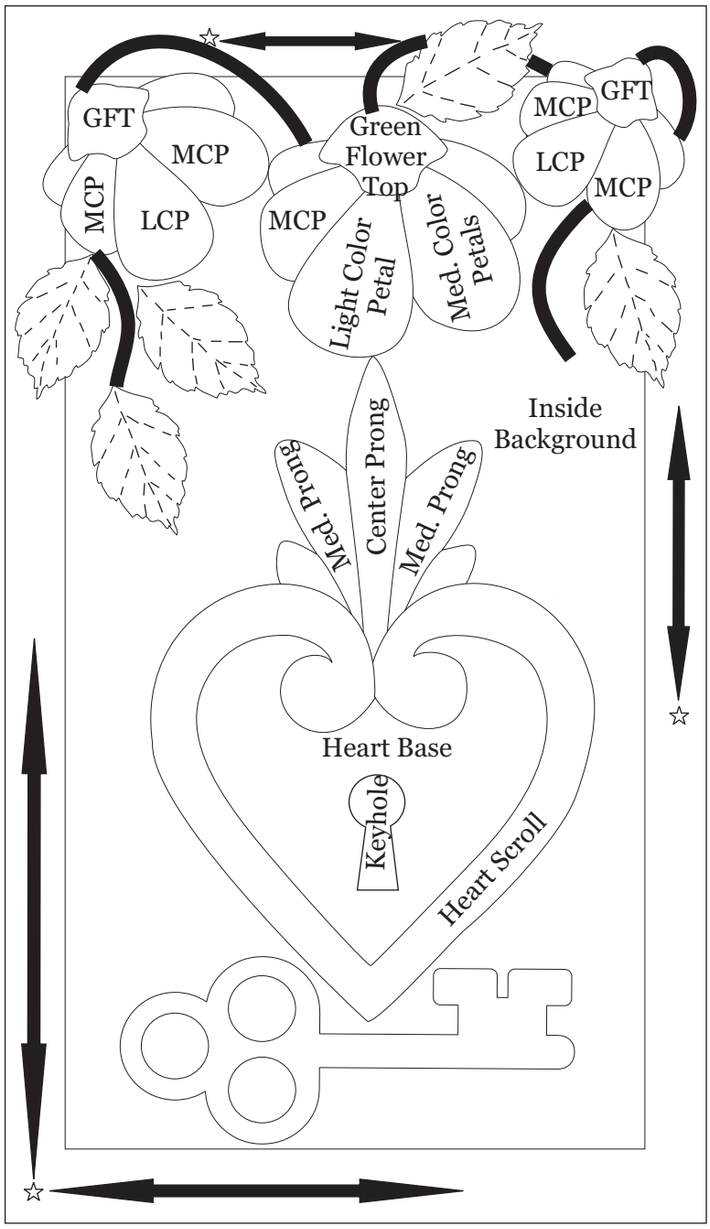
Key To My Heart Instructions



Supplies Needed:
*Needles Sharp #10, Crewel #22 or similar
*2 Backgrounds 8.5" X14.5"
*Wool Felt or Wool Felt Blends
*Floss: The instructions are written using Perle Cotton 8
If using DMC 6 Strand floss (3 Strands of 6 Strand Floss = 1 Strand of Perle Cotton 8
*Scissors and Pins Optional: Spray Adhesive or Roxanne's Baste Glue

Key
☆ French Knots
- - - - - Dash Lines - Backstitch
Double Feather Stitch
Stitch Stem Stitch

Use 1 Strand Embroidery Floss for Everything Except
Use 2 Strands Embroidery Floss for French Knots and Double Feather Stitch

Start - use Roxanne's Baste It Glue - Glue Heart Base to the Inside Background
1. Whip Stitch around the Heart Base.
2. Whip Stitch the Keyhole. Glue Heart Scroll in place.
3. Blanket Stitch around the Heart Scroll.
4. Glue center Prong and the 2 side Prongs to the top. of heart and Blanket Stitch around each prong. Whip Stitch outer prongs.
5, Place key in position. Whip Stitch around the key.
6. Blanket Stitch Inside Background to one Outside background
7. Glue Flower Bases in place. Glue Green Flower Tops ***Refer #2 above.** Blanket Stitch around each Green Flower Tops
8. Glue all Light and Medium Color Petals to the Flower Bases. Blanket Stitch around all petals.
9. Glue all Leaves in place. Back stitch detail. Stem Stitch stems.
10. Double Feather Stitch areas indicated by arrow. French Knots indicated by star.
11. Blanket Stitch 2" from the top on each side.
12. Pin or glue the Outside Backgrounds together (make sure to leave the 2" stitched area open for hanging) Blanket Stitch all around the outer edges - once again leaving the 2" Blanket Stitched areas open for hanging.

Stitch Glossary

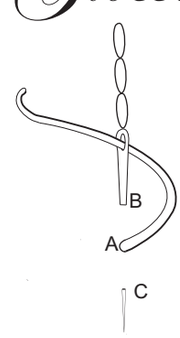
French Knot

French Knot - Looks like a small bead when properly done. Bring needle up at A.

Hold the thread firmly at A1 and wrap the thread twice around the needle (B).

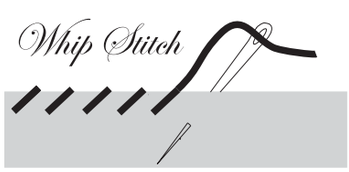
Insert needle down approximately 1/8" from the starting point A. Hold the thread at the end of the wrap firmly when inserting the needle down.

Back Stitch

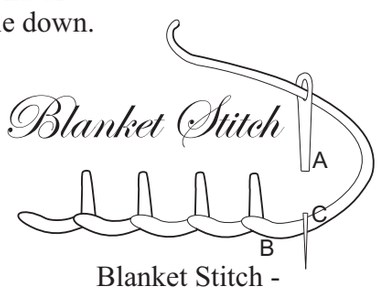


Back Stitch = Bring needle Up at A, Down at B, and come back Up at C. For the second stitch; bring needle back to A and insert and Continue the steps - spaces between stitches also works

Whip Stitch



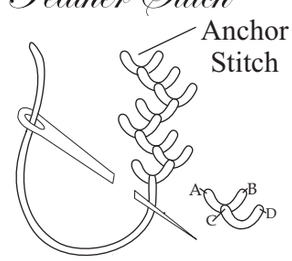
Blanket Stitch



Blanket Stitch -

Up at B
Down at A
Up at C

Feather Stitch



Start up at A (Anchor Stitch), down at B, Up at C and Down at D - continue

All written instructions and illustrations are copyrighted. This is an Angel Pattern and may be copied for personal use only.
© Artsi2 2014 No part of this publication may be reproduced for sale or commercial use without written permission.